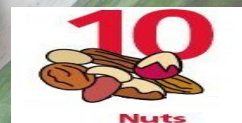
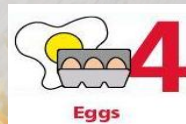


	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Pasta bolognese served with garlic bread and seasonal vegetables (2,7,13)	Sausages served with mashed potato, seasonal vegetables and gravy (1,2,4,9,13,14)	Chicken curry served with rice and garlic naan bread (2,4,7,9,13)	Sliced roast beef in gravy, served with Yorkshire pudding, roast potatoes, carrots, broccoli and gravy (2,4,7,13,14)	Fish Friday served with chips, peas or beans and bread and butter (2,4,9,13)
OPTION 2 (vegetarian)	Cheese pasta served with garlic bread and seasonal vegetables (2,7,13)	Vegetarian sausages served with mashed potato, seasonal vegetables and gravy (1,2,4,9,13,14)	Vegetable curry served with rice and garlic naan bread (2,4,7,9,13)	Vegetable crumble with Yorkshire pudding, roast potatoes, carrots, broccoli and gravy (2,4,7,13,14)	Homemade pattie served with chips, peas or beans and bread and butter (2,7)
OPTION 3	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad

\*Fresh bread (2,4,7,13), water, juice (14), milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily

\*\*Allergen free options on the above menu are also available

## Allergens



# Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Various Pizza's served with potato wedges and seasonal vegetables (2,4,7,13)	Cottage pie served with Yorkshire pudding, seasonal vegetables and gravy (2,4,7)	All day breakfast: Sausage, bacon, hash brown, beans and ½ slice of toast (1,2,7,9,13,14)	Roast chicken dinner, served with stuffing, roast potatoes, carrots, broccoli and gravy (2,4,7,13,14)	Fish Friday served with chips, peas or beans and bread and butter (2,4,9,13)
OPTION 2 (vegetarian)	Various Pizza's served with potato wedges and seasonal vegetables (2,4,7,13)	Quorn Cottage pie served with Yorkshire pudding, seasonal vegetables and gravy(2,4,7)	All day breakfast: Vegetarian sausage, hash brown, beans and ½ slice of toast (1,2,7,9,13,14)	Vegetable slice with stuffing, roast potatoes, carrots, broccoli and gravy (2,4,7,13,14)	Homemade cheese & onion pastie served with chips, peas or beans and bread and butter (2,7)
OPTION 3	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad	Jacket Potato served with a choice of beans, cheese (7) or tuna mayo (4,5,7,9) and a side salad

\*Fresh bread (2,4,7,13), water, juice (14), milk (7), jelly, yoghurts (7), cheese (7) and crackers (2) and fresh fruit is available daily  
 \*\*Allergen free options on the above menu are also available

### Allergens

 <b>1</b> Celery	 <b>2</b> Cereals containing gluten	 <b>3</b> Crustaceans	 <b>4</b> Eggs	 <b>5</b> Fish	 <b>6</b> Lupin	 <b>7</b> Milk	 <b>8</b> Molluscs
 <b>9</b> Mustard	 <b>10</b> Nuts	 <b>11</b> Peanuts	 <b>12</b> Sesame seeds	 <b>13</b> Soya	 <b>14</b> Sulphur dioxide (sometimes known as sulphites)		