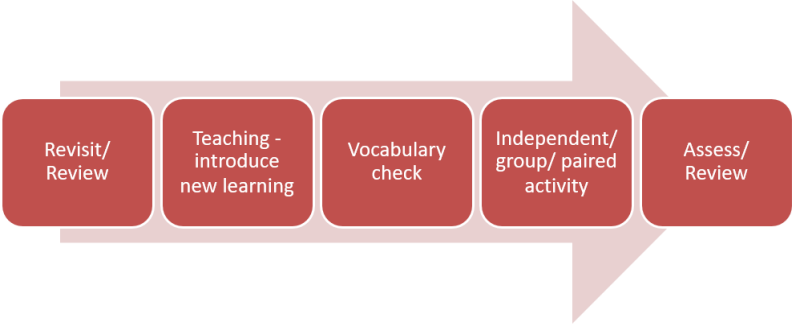


# Sutton Park Primary School

## Physical Education (PE)

<p><u>Sutton Park Curriculum Drivers</u></p> <p><b>Aspiration</b> (so that our children always strive for success and aim high in all they do); <b>Communication</b> (so that our children can develop the language and skills necessary to communicate effectively); <b>Understanding</b> (so that our children understand where they came from, where they are going and to appreciate the diversity of different communities and individuals) and <b>Restorative Behaviours</b> (so that our children take responsibility for their actions and can build successful relationships).</p>		<p><u>Intent</u></p> <p>Sutton Park Primary School believes that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure pupils attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all pupils to succeed in physical education and in developing life skills. Pupils are also encouraged to engage in competitive sports with the hope that their interest extends beyond the curriculum and into extra-curricular clubs and competitions. The curriculum aims to invigorate the mind as well as the body; a healthy mind is equally as important as a healthy body.</p>
<p><u>EYFS at Sutton Park</u></p> <p>PE is encompassed in the Physical Development area of learning. Physical activity is vital in children's all-round development, enabling them to pursue happy, healthy, and active lives. Gross and fine motor experiences develop incrementally throughout early childhood. When they start Sutton Park Primary, by creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility.</p>	<p><u>Lesson Structure</u></p> <p>Each session follows a clear structure supported by Rosenshine's Principles of Instruction (Review, Check for Understanding, Provide Models, Provide Scaffolds, Guide practice).</p> <div style="text-align: center;">  <pre> graph LR     A[Revisit/Review] --&gt; B[Teaching - introduce new learning]     B --&gt; C[Vocabulary check]     C --&gt; D[Independent/group/ paired activity]     D --&gt; E[Assess/Review]             </pre> </div>	<p><u>Cultural Capital</u></p> <p>Cultural capital is the accumulation of knowledge, behaviours, and skills that a child can draw upon and which demonstrates their cultural awareness, knowledge and competence; it is one of the key ingredients a pupil will draw upon to be successful in society. Through our PE curriculum we build cultural capital through areas which includes:</p> <ul style="list-style-type: none"> <li>• the Health Education dimension of the PSHE programme including strands on drugs, smoking and alcohol.</li> <li>• the celebration of sporting achievements.</li> <li>• curriculum programme related to food preparation and nutrition.</li> <li>• activities available during unstructured time including break and lunch times.</li> <li>• activity-based residential.</li> </ul>

### PE Whole School Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1 & 2	Gymnastics	Dance	Fitness	Sending and receiving	Striking and fielding	Athletics
	Ball skills	Net and wall	Invasion	Team building	Yoga	Target games
Year 3 & 4	Ball skills	Dance	Dodgeball	Netball	Rounders	Athletics
	Gymnastics	Football	Fitness	Fundamentals	Yoga	Tennis
Year 5 & 6	Badminton	Dance	Dodgeball	Netball	Rounders	Tennis
	Gymnastics	Football	Fitness	Hockey	Yoga	Athletics

#### Assessment

Retrieval based learning techniques used throughout the unit to ensure pupils remember more.

Teachers build a picture of pupils' capabilities throughout the year using formative assessment.

Pupils are assessed at the end of each academic year

#### Impact

PE is taught as a basis for lifelong learning where pupils have access to a wide range of activities. At Sutton Park Primary, we believe that if taught well, and provided with the knowledge and experiences to take responsibility for their own health and fitness, then they will continue to have a physically active life. A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. At Sutton Park Primary, we provide opportunities for children to compete in sport and other activities to build character and help to embed values such as fairness and respect.

### Key Physical Education Sequence of Learning

